



Master your home office – Insights, tools and solutions

Working from home presents a new way of working and can blur the boundaries between work and home life. At EPOS we've highlighted some of the insights, tools and solutions you'll need to help maximize your productivity.

Insights from today's remote workplace

Human beings are social creatures – we need to connect to succeed. Recent studies reveal the following insights resulting from the boom in working from home:



↑ 10% meetings in home offices*
Compared to meetings previously held in physical office premises focus



Video chats boost happiness**
Research show eye contact boosts dopamine and reduces the stress hormone cortisol



Longer meetings ↓ 11% / Shorter meetings ↑ 22%*
Greater efficiency required to balance work and home life could explain shorter meetings



↑ 1,000% in Microsoft Teams video calls**
During March 2020 due to the boom in the remote workplace



↑ 72% instant messages sent*
Instant messages boost up team morale and chemistry



↑ More flexible working schedules**
Working from home increases flexible schedules that work for the individual – outside 9-5

Tools that make the home office happen

The right tools for your home office create a more positive, productive communication experience with your colleagues and customers across locations:

Online collaboration tools

Like Microsoft 365 and G Suite keep teams across the globe connected

Instant messaging

Replaces chats in the physical workplace, enabling team spirit on the job

Video apps

Including Microsoft Teams, Zoom and Google Meet boost productivity, positivity and teamwork

UC Optimized headsets & speakerphones

Enable professional communication and instant access to online collaboration tools

**How remote work impacts collaboration: findings from our team*, By Jared Spataro, Corporate Vice President for Microsoft 365: <https://www.microsoft.com/en-us/microsoft-365/blog/2020/04/22/how-remote-work-impacts-collaboration-findings-team/#.XqCWARLn1YY.linkedin>

***Remote work trend report: meetings*, By Jared Spataro, Corporate Vice President for Microsoft 365: <https://www.microsoft.com/en-us/microsoft-365/blog/2020/04/09/remote-work-trend-report-meetings/#.Xo9CTVQjvCA.linkedin>

Secrets of remote success

Plan and communicate clearly

Plan working hours, breaks and set achievable goals. Schedule regular team meetings to ensure effective collaboration.

Make work/life boundaries

Set the boundaries of your workspace and your home space. This reduces domestic distractions and keeps you productive at work.

Make wellbeing a priority

Take regular breaks, eat healthily and get outside at least once a day. Take walk and talk calls where possible.

EPOS solutions for the remote workplace

Our range of premium headsets and speakerphones are designed for success when working from home in three product lines:



The ADAPT Line

Concentrate wherever you work

Communicate clearly in any remote sound environment, with advanced voice pickup technology powered by EPOS AI™.



The IMPACT Line

Professional audio for your home office

Ensure excellent communication experiences from home with comfortable headsets that deliver rich, natural sound and clear speech.



The EXPAND Line

Work remotely, collaborate seamlessly

Boost remote teamwork with premium collaboration tools that are easy to use, portable and connect with any device.